

VITAMIN  
B2

PROTEIN

CALCIUM

VITAMIN  
B12



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# The dairy matrix: a new approach to understanding the health effects of food

Symposia  
4<sup>rd</sup> October 2017

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POTASSIUM

VITAMIN  
B5

IODINE

PHOSPHORUS

# PROGRAMME

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- 10.00-10.15 **Registration and coffee**
- 10.15-10.30 **Welcome**  
Moderator Mette Walsted Vestergaard
- 10.30-11.00 **Food matrix effects: is it time to rethink how we evaluate the health effects of food?**  
Prof Ian Givens (University of Reading, UK)
- 11.00-11.30 **Muscle, bones and body fat: the dairy matrix effects on body composition.**  
Dr Emma Feeney (University College Dublin)
- 11.30-12.15 **Lunch break and networking**
- 12.15-12.45 **Metabolic health: the impact of the dairy matrix.**  
Prof Arne Astrup (University of Copenhagen, DK)
- 12.45-13.15 **How do research results and official dietary guidelines affect dairy business?**  
Dr. Lea Brader (Nutrition Scientist, Arla Foods)
- 13.15-13.45 **Panel debate**  
Moderator Mette Walsted Vestergaard
- 13.45-14.00 **Sum up and thank you for today**

MEJERIFORENINGEN



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